



**Heartbeat  
Victoria  
Bendigo**

**HEARTBEAT VICTORIA**

**BENDIGO INC**

**2023/2024 Annual Report**



Reg No A0016227R

ABN 83 786 011 956

Website: [www.heartbeatbendigo.org.au](http://www.heartbeatbendigo.org.au)

Facebook: [facebook.com/heartbeatbendigo](https://facebook.com/heartbeatbendigo)



## General & Social Committees 2023-2024

<b>General Committee</b>		<b>Social Committee</b>
President	Frank Ward	Rhonda Anthony Barbara Dellar Di Krieger Nola Ward
<b>Vice-President</b>	<b>Barbara Dellar</b>	
<b>Secretary</b>	<b>Vivien Williamson</b>	
<b>Assistant Secretary</b>	<b>Vacant</b>	
<b>Treasurer</b>	<b>Nola Ward</b>	
<b>Assistant Treasurer</b>	<b>Vacant</b>	
<b>Committee</b>	<b>Ian Cross</b> <b>Ted DeKuyper</b> <b>Peter McLennan</b> <b>Laurie Smith</b>	



## President's report

This year, 2023-2024, has seen Bendigo Heartbeat members enjoy a number of social occasions, such as lunches and morning teas, plus several trips with Escape Tours, thoroughly enjoyed by those in attendance.

Our finances are currently in good shape, however some funds have been committed for donations to Dhelkaya and Inglewood and Districts Health Services for cardiac equipment.

Both our Christmas in July and Christmas lunches were very well attended by members and guests. There were many happy prize winners, and I thank Rhonda and Dot for gathering items and wrapping. I also thank Ray for the selling of the raffle tickets, the proceeds of which are a further boost to our bank balance.

Numbers at our Sunday general meetings have varied throughout the year, possibly due to some inclement weather and illness. We have also lost some long time members, due to age and the sad passing of several. I pass on our sincere condolences to their families.

I am sincerely thankful for the support of all the Committee members throughout the year, with a special mention to my wife Nola for her financial reports and assistance to myself.

Vivien, our secretary again has prepared our minutes and agendas and made a successful application for a Federal Government grant of \$4000 for support for administration of the branch. Her enthusiasm, dedication and time given is greatly appreciated.

At the AGM, we have the opportunity to elect new Committee members. The involvement of new members on the Committee can make a real difference and ensure that Heartbeat Bendigo can continue to provide much needed peer support and social activities for people living with heart disease or a heart condition, as well as fundraising to support local cardiac health services, for years to come.

**Frank Ward - President**



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## Heartbeat Bendigo

### Aims

- ♥ *To offer support to patients and their family and friends following a cardiac event such as heart attack, heart surgery, stents, angina, etc.*
- ♥ *To assist in the development of local cardiac units by raising funds for the purchase of additional equipment.*
- ♥ *To promote friendship through meetings and social events.*

### Our history

Our very first meeting was a public meeting held at the Bendigo Hospital on the 30th of November 1986 and was attended by 32 people (some of whom are still members today). At that meeting it was decided to form a branch of Heartbeat Victoria in Bendigo. Thus, a committee was duly elected. The Bendigo Branch was therefore formed just 2 years after the first Melbourne Branch and 6 years after the foundation branch of Heartbeat was formed in Adelaide in 1980.

### Heartbeat Bendigo today

Heartbeat Bendigo has approximately 75 members and holds meetings and many social activities, giving members the opportunity to be amongst people with similar health problems.

General Meetings are held primarily bi-monthly at 2.00pm in the Uniting Church Hall, Golden Square, followed by a cuppa and friendly chat. A dedicated Social Committee also organises a wide range of social events and members are kept informed and connected through bimonthly publication of the group's newsletter 'Tickertalk'.

Heartbeat Bendigo continues to support local cardiac services based at the Bendigo Hospital, St John of God Hospital, Dhelkaya Health (previously Castlemaine Health and Maldon Hospital) and Inglewood and Districts Health Services. It has now raised and donated more than \$400,000 to hospitals in the Bendigo region.

Whilst the emphasis is placed on the patients with cardiac problems, it is equally important to ensure that the partners and families of patients are not overlooked, as they also go through a very stressful time during a patient's recuperation.



## 2023/2024 highlights

Although we are still not able to access the local hospitals and cardiac rehabilitation programs in the same way as pre-Covid, the Branch's meetings, social events and fundraising efforts are continuing.

A new Social Committee has taken on the planning of the social program from the long serving and hard working previous Committee and members have enjoyed participating in a comprehensive calendar of social events including coffee catch ups, seasonal lunches, morning music concerts, bus trips, fashion events and trips to Melbourne for shows - and not forgetting the traditional Christmas in July and December Christmas events and the compulsory raffles at most events.

In order to ensure the affordability and viability of some of the social events previously offered, the Bendigo Domain Country Club has also invited Heartbeat members to join its residents on many of the outings that it arranges for the enjoyment of its residents.

Two major donations were approved during the year to Inglewood and Districts Health Service (\$11,500 for the purchase of a cardiac rehabilitation treadmill) and Dhelkaya Health in Castlemaine (\$14,500 for the purchase of three portable ECG machines for their three aged care facilities).

This year, Heartbeat Bendigo has also been generously supported by other local community groups in particular Country Music and Spring Gully Dance Club who have run special fundraising events in support of Heartbeat Bendigo. Heartbeat Bendigo was also thrilled to receive a \$4000 Federal Government grant for the next financial year.



## Treasurer's report

**HEARTBEAT VICTORIA - BENDIGO BRANCH**  
**STATEMENT OF FINANCIAL PERFORMANCE**  
**FOR THE YEAR ENDED 30th JUNE 2024**

<b><u>RECEIPTS</u></b>	<b><u>2023/24</u></b>	<b><u>2022/23</u></b>
Interest on Term Deposit	\$ 981.60	\$ 476.90
Donation		
General	\$ 315.00	\$ 1,352.44
City of Greater Bendigo	\$ -	\$ -
Rotary Club Bendigo/Strathdale	\$ 2,500.00	\$ 2,500.00
Health Grant	\$ 4,000.00	\$ 2,490.00
Raffles - Special	\$ -	\$ -
Raffles - Other	\$ 996.65	\$ 779.30
Social Club Contribution	\$ -	\$ 1,215.00
Membership Fees	\$ 1,895.00	\$ 1,635.00
End of Year Luncheon	\$ 2,205.00	\$ 2,128.00
Barbecue Income	\$ -	\$ -
Country Music	\$ 622.00	\$ -
Spring Gully Dance	\$ 3,185.00	\$ -
Sundry	\$ 4.00	\$ -
	<b><u>\$ 16,704.25</u></b>	<b><u>\$ 12,576.64</u></b>
<b><u>EXPENSES</u></b>		
Advertising	\$ -	\$ -
Affiliation/Insurance	\$ 679.00	\$ 595.00
Hall Hire	\$ -	\$ 300.00
Postage (incl Po Box cost)	\$ 801.56	\$ 688.84
Printing & Stationery	\$ 831.14	\$ 741.46
End of Year Luncheon	\$ 1,845.44	\$ 1,719.30
Raffle Expenses	\$ 166.30	\$ -
Sundry		
Audit cost	\$ 36.99	\$ -
Social Club & High Tea	\$ 910.00	\$ 420.00
Cards & Postage	\$ 12.45	\$ 43.91
Website	\$ 107.00	\$ 85.00
BBQ Costs	\$ -	\$ -
	<b><u>\$ 5,389.88</u></b>	<b><u>\$ 4,593.51</u></b>
<b><u>SURPLUS/(DEFICIT) FOR THE YEAR</u></b>	<b><u>\$ 11,314.37</u></b>	<b><u>\$ 7,983.13</u></b>

The accounts as presented represent a true and fair view of the operations of the Heartbeat VIC Bendigo Branch for the year ended 30 June 2024.

 26/8/24

Robert Trew FCPA



**Heartbeat  
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Bendigo**

**HEARTBEAT VICTORIA - BENDIGO BRANCH**  
**STATEMENT OF ASSETS OWNED**  
**FOR THE YEAR ENDED 30th JUNE 2024**

<b><u>FIXED ASSETS</u></b>	<b><u>2022/23</u></b>	<b><u>2021/22</u></b>
<b>Balance Brought Forward</b>	<b>\$ 1,009.62</b>	<b>\$ -</b>
<b>Additions prior financial years</b>		
1884 15/01/2022 HP Laptop 15s-du3585TU	\$ -	\$ 828.62
1910 12/12/2022 JB JiFi - Portable Hard Drive	\$ -	\$ 84.00
1916 1/03/2023 Officeworks- Printer	\$ -	\$ 97.00
<b>Balance as at 30th June 2023</b>	<b><u>\$ 1,009.62</u></b>	<b><u>\$ 1,009.62</u></b>
<b><u>INVESTMENTS</u></b>	<b><u>2023/24</u></b>	<b><u>2022/23</u></b>
<b>TERM DEPOSIT</b>		
<b>Balance Brought Forward</b>	<b>\$ 21,956.21</b>	<b>\$ 21,479.31</b>
<b>Movements</b>		
Interest Received	\$ 981.60	\$ 476.90
Transfer to Main Bank account	\$ -	\$ -
<b>Balance as at 30th June 2023</b>	<b><u>\$ 22,937.81</u></b>	<b><u>\$ 21,956.21</u></b>

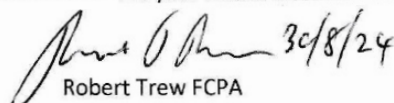


**Heartbeat  
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**HEARTBEAT VICTORIA - BENDIGO BRANCH SOCIAL CLUB  
STATEMENT OF FINANCIAL PERFORMANCE  
FOR THE YEAR ENDED 30th JUNE 2024**

<b>RECEIPTS</b>	<b>2023/24</b>	<b>2022/23</b>
Interest on Term Deposit	\$ 223.35	\$ 41.31
Day Tours		\$ 3,548.00
Mystery Trip	\$ 1,330.00	\$ -
Maldon Train Trip	\$ 708.70	\$ -
Other Events		
Kays Fashions	\$ 1,866.00	\$ 695.00
High Tea	\$ -	\$ 1,970.00
Xmas in July 23/24	\$ 3,288.00	\$ -
Star Cinema	\$ 264.00	\$ -
Morning Melodies	\$ 450.00	\$ 435.00
Shepparton M.O.V.E.	\$ 2,134.10	\$ -
Tongala Hay Bale Art	\$ 2,922.00	\$ -
Membership	\$ -	\$ 15.00
Sundry Receipts	\$ 74.50	\$ -
Bank Interest	\$ 1.76	\$ 1.72
	<b>\$ 13,262.41</b>	<b>\$ 6,706.03</b>
<b>EXPENSES</b>		
Day Tours		\$ 4,162.00
Mystery Trip	\$ 1,330.00	\$ -
Maldon Train Trip	\$ 705.00	\$ -
Other Events		
Kays Fashions	\$ 399.00	\$ -
High Tea		\$ 1,461.61
Xmas in July 23/24	\$ 2,227.90	\$ -
Star Cinema		\$ -
Morning Melodies	\$ 270.00	\$ 675.00
Shepparton M.O.V.E.	\$ 1,885.00	\$ -
Tongala Hay Bale Art	\$ 2,755.75	\$ -
Membership transfer to Main account	\$ 15.00	\$ -
Sundry Expenses Refund	\$ 74.50	\$ -
Bank Transaction Fees	\$ 2.70	\$ -
	<b>\$ 9,664.85</b>	<b>\$ 6,298.61</b>
<b>SURPLUS/(DEFICIT) FOR THE YEAR</b>	<b>\$ 3,597.56</b>	<b>\$ 407.42</b>

The accounts as presented represent a true and fair view of the operations of the Heartbeat VIC Bendigo Branch Social Club for the year ended 30 June 2024

  
Robert Trew FCPA





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**HEARTBEAT VICTORIA - BENDIGO BRANCH SOCIAL CLUB**  
**INVESTMENTS - TERM DEPOSIT**  
**FOR THE YEAR ENDED 30th JUNE 2024**

<b><u>INVESTMENTS</u></b>	<b><u>2023/24</u></b>	<b><u>2022/23</u></b>
TERM DEPOSIT		
Balance Brought Forward	\$ 5,943.17	\$ 5,901.86
<b>Movements</b>		
Interest Received	\$ 223.35	\$ 41.31
Transfer to Main Social Club Bank account	\$ -	\$ -
<b>Balance as at 30th June 2023</b>	<b><u>\$ 6,166.52</u></b>	<b><u>\$ 5,943.17</u></b>



## Social Committee Report

What a lot of social activity has been available for members to enjoy in 2023/2024, due to the energy of the Social Committee. Following the retirement of the wonderful Edna, Marie and Ann, who gave more than 30 years' service on the Committee, Nola and Barbara were joined by Rhonda Anthony and Di Krieger to try to fill some very big shoes.

The very busy year has included bi-monthly Coffee and Cake Mornings at various venues around Bendigo, booked by Di, plus three seasonal lunches, also arranged by Di, (Spring, Summer and Autumn), as well as Xmas In July, and the annual Xmas lunch at the Bendigo Pottery, which have all been enjoyed by many members and visitors.

The monthly Morning Musicals at Bendigo Club have been popular. Who can resist endless tea and coffee, scones, jam and cream and a two-course lunch plus a wonderful show? Capital Theatre Musical Matinees (Silvie Paladino was amazing), have been followed by lunch at the Kangaroo Flat Sports Club. Our thanks to Rhonda for her excellent organisational skills here.

As usual, the Kay's twice-yearly Fashion Shows with Marg's Jewellery have been a great success, with over 100 happy shoppers for each (even with the terrible weather in May), with some serious spending and our famous afternoon tea. Kay's generous donations to the Branch were also appreciated.

Once again, an enjoyable Country Music afternoon at the Golden Hills Motel was attended by members and the Tea Dance hosted by the Spring Gully Dance Group was an outstanding success. Our thanks to new member Keith for arranging this and for the wonderful donation received from the day.

This year several interesting and enjoyable trips have taken us to Shepparton (M.O.V.E), Castlemaine-Maldon (great train ride), and Tongala (Xmas Hay Bales and town murals).

In conjunction with the Domain Village, some Heartbeat members have also enjoyed some amazing musical theatre performances in Melbourne, including "Grease", "Kiss Me Kate", "Chicago", "Wicked", "The Odd Couple", "Sunset Boulevard", and "Beauty and the Beast", with "Tina" and "Sister Act" still to come.

Thanks to those members who are able to attend the social events. We look forward to seeing more members, friends and families at future events.

**Nola, Barbara, Rhonda and Di**



